

## HOW DO I MOVE IN?

There is no minimum length of sobriety required to move into an Oxford House. Generally, most people applying to move in are coming out of at least a 28-day treatment facility or have returned to solid sobriety.

1. Start contacting houses or visit the OHI website to find out if there are any vacancies. Dallas and Austin both have Vacancy Hotlines that will list all vacancies for all houses in that area.
2. After selecting a house with a vacancy, call the house to schedule an interview.
3. During the interview, house members may ask questions regarding your past drug/alcohol abuse, job status, recovery goals, legal status, etc. to determine if you will be a good fit for that house.
4. After the interview, the house will hold a vote for your acceptance and will notify you shortly after. Generally, most houses require a total move-in of the first 2 weeks rent and a nonrefundable move-in fee.
5. Move in and enjoy being clean and sober with your new roommates!!

*To learn even more visit the Oxford House, Texas Oxford House, and area Oxford House websites.*

[www.oxfordhouse.org](http://www.oxfordhouse.org)  
[www.texasoxfordhouses.org](http://www.texasoxfordhouses.org)  
[www.austin-oxfordhouses.org](http://www.austin-oxfordhouses.org)  
[www.dallasoxfordhouses.org](http://www.dallasoxfordhouses.org)  
[www.houstonoxfordhouse.org](http://www.houstonoxfordhouse.org)

## TEXAS OXFORD HOUSES

### AUSTIN Vacancy Hotline (512) 879-6368

|                                |                |
|--------------------------------|----------------|
| Collingsworth (Men's)          | (512) 833-9414 |
| Copperfield (Women's)          | (512) 407-9291 |
| Scofield Park (Women/Children) | (512) 243-6954 |
| Dovemeadow (M)                 | (512) 294-2412 |
| Parkfield (W)                  | (512) 584-8730 |
| La Casa (M)                    | (512) 442-1658 |
| Lamplight (M)                  | (512) 341-7681 |
| Quail Park (M)                 | (512) 821-0207 |
| Werner Hill (M)                | (512) 291-6913 |
| Willowick (M)                  | (512) 433-6499 |
| Tronewood (W)                  | (512) 339-8728 |
| University Hills (W)           | (512) 926-1300 |

### DALLAS Vacancy Hotline (214) 706-2943

|                    |                |
|--------------------|----------------|
| Baylor (M)         | (972) 664-1866 |
| Beltline (M)       | (214) 484-3765 |
| Pride (M)          | (972) 235-6899 |
| Plano (M)          | (972) 985-1987 |
| Richland Manor (M) | (972) 235-1134 |
| Walnut Hill (M)    | (972) 907-9112 |
| Erie (W)           | (972) 242-5959 |
| Lois Lane (W)      | (972) 671-2310 |
| Wyatt (W)          | (214) 321-8791 |
| Abrams (M)         | (972) 644-7000 |
| Catalpa (M)        | (972) 699-0978 |
| Maple (M)          | (972) 238-9615 |
| Sugar Mill (M)     | (972) 239-2333 |
| Meandering Way (W) | (972) 991-0206 |
| Portrush (W)       | (214) 575-2238 |
| Beaver Run (W)     | (972) 270-2960 |
| Dallas (M)         | (214) 826-4329 |
| Ferguson (W)       | (972) 613-8793 |
| Golfing Green (M)  | (972) 406-8908 |
| Northpark (M)      | (214) 750-1440 |
| Junius (W/C)       | (972) 788-1700 |
| Stagecoach (M)     | (972) 690-4664 |
| Richardson (M)     | (972) 480-8866 |

### HOUSTON

|                    |                |
|--------------------|----------------|
| Bissonnet (M)      | (713) 592-6221 |
| Braesridge (M)     | (713) 636-2467 |
| Inkberry (M)       | (281) 372-6139 |
| Ludington (M)      | (713) 667-9924 |
| Melbourne (M)      | (832) 433-7919 |
| Spellman (M)       | (281) 888-4999 |
| Chimney Rock (W/C) | (281) 974-3622 |
| Lugary (W)         | (713) 272-8599 |
| Deer Meadow (W)    | (832) 668-5013 |
| Yorkwood (W)       | (281) 974-4791 |

### SAN ANTONIO

|                    |                |
|--------------------|----------------|
| Beacon Hill (M)    | (210) 455-2437 |
| Leon Valley (W/C)  | (210) 344-0252 |
| Davis (M)          | (210) 532-8866 |
| Fredericksburg (M) | (210) 320-1914 |
| Loma Park (M)      | (210) 276-0657 |
| Mistletoe (M)      | (210) 733-6900 |
| Stirrup (M)        | (210) 979-6013 |
| Woodlawn Lake (W)  | (210) 467-5334 |

### EL PASO

|             |                |
|-------------|----------------|
| El Paso (M) | (915) 566-2170 |
|-------------|----------------|

# Oxford Houses of Texas

*Self-Ran, Self Supported  
Addiction Recovery Houses.*



**SELF HELP FOR SOBRIETY  
WITHOUT RELAPSE**

*33 Years of Self Organized Help*

*1975 - 2008*

So you are clean and sober ...Now  
WHAT??

Treatment centers and 12 – Step  
Programs tell us that in order to stay  
sober we must change our playgrounds,

playthings, and playmates. *Are you returning to an environment where drugs and alcohol are used? Do you have a support group of clean and sober friends?*

If you are like most of us, our families drink and use – in fact, we may not even **know** someone who doesn't. How will we survive this environment? If you find yourself in this situation, maybe you should consider...



## A BRIEF HISTORY

Oxford House (OHI) was started in October 1975 in Silver Spring, Maryland, by a group of recovering alcoholics and drug addicts living in a county government halfway house which was closing. Each had a short period of sobriety but feared relapse after moving out of the closing halfway house. After seeking outreach from AA groups, a landlord, and others, they founded the first Oxford House based firmly upon three principles.

1. The House must be self-run on a democratic basis;
2. The House must be financially self-supporting;
3. Any member who returns to drinking or using drugs must be expelled immediately.

## HOW IT WORKS

Oxford Houses are shared by 6-10 men or women, all committed to recovery. We share household expenses and housekeeping chores. Each house is democratically run – you have as much say as the next person when it comes to household decisions. The average weekly expenses per person for Oxford Houses across Texas are about \$90-\$140. This pays for rent, utilities, and staples such as coffee, laundry & cleaning supplies, etc. Also, all houses have phone, cable TV and high speed internet. Many houses also feature private rooms. Most houses are adjacent to public transportation. No one is ever asked to leave an Oxford House as long as they follow the 3 basic rules of all Oxford Houses:

1. No Alcohol/Drug Use
2. Prompt Payment of Rent
3. No Disruptive Behavior

## THE DEPAUL STUDY

In 2000, researchers at DePaul University in Illinois began studying Oxford House and its long term outcomes for recovering alcoholics/addicts versus living elsewhere after treatment.

150 residents were studied after treatment. 75 were selected to live in an Oxford House and 75 were selected to live in usual care conditions – a friend's or family's house, halfway house, or rented apartment. After 2 years, 65% of those living in an Oxford House for at least 6 months were still sober vs. 31% living in usual care conditions.

Also, Oxford residents reported experiencing higher positive outcomes such as higher monthly net income (\$989 vs. \$440) and lower incarceration rates (3% vs. 9%). Another study collected data from some 900 residents in 213 Oxford Houses, interviewing them every 4 months. After a year, 87% were still sober.

“We found that 6 months in Oxford House is what made a really big difference in recovery.” Leonard A. Jason, PhD, DePaul University

## OXFORD IN TEXAS

The first Oxford House in Texas was the [Willowick House](#) in [Austin](#) 1990. Since then, growth has exploded to 55 houses across Texas in Austin, Dallas, El Paso, Houston, and San Antonio.

The network of houses is strong in the state, with six chapters (a chapter is a group of houses in the same area), the Texas State Board Association, and hundreds of alumni sharing their experience, strength, and hope.

Not only will you be solidifying your recovery by moving into an Oxford House, you will gain a support group of tens of thousands of recovering alcoholics/addicts across the world!